



# THE ART OF INNER ALCHEMY

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© WISE WOMB MEDICINE PATH™

## ALOHA BEAUTY,

I am so grateful you are here with me.

My name is Naomi Love, and I am the Creatress of Wise Womb Medicine Path an Earth Medicine School that teaches through the Holy Trinity Blueprint of Womb Healing.

It is my greatest service to share this work with my community, which is you.

Wise Womb Medicine Path offers both personal healing and professional training for those that desire to support others on their path of healing. This work is for all genders and stages of life.

Immerse yourself in Earth & Womb Medicine. Keep reading to learn more about the Wise Womb adventures that are waiting for you.

With Great Devotion,

*Naomi Love*

PS. I want to get to know you! DM me [@wisewomboracle](https://www.instagram.com/wisewomboracle) and tell me what living life as ceremony means to you.



# Choose Your Own Adventure

## Personal Journeys

RESONANCE  
RITUAL



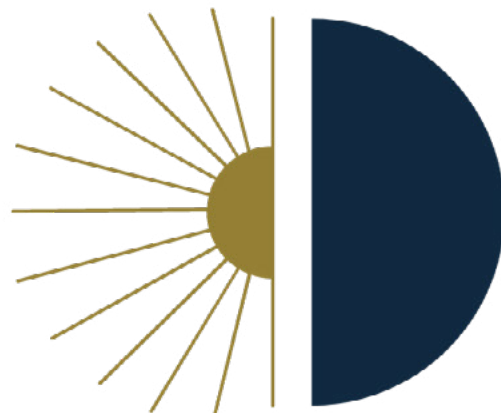
TEMPLE OF  
THE WOMB



RESONANCE  
REMEMBERSHIP



DIY  
RITUALS



# Choose Your Own Adventure

## Professional Journeys

### WISE WOMB THERAPIST JOURNEY

STEP ONE:

Somatic Womb

Alchemy Apprenticeship



STEP TWO:

Wise Womb

Therapy Certification



### CACAO CEREMONIALIST JOURNEY

STEP ONE:

Cacao Facilitator  
Initiation



STEP TWO:

Cacao Ceremonialist  
Training



# THE ART OF INNER ALCHEMY

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WISE WOMB MEDICINE PATH™

# THE ART OF INNER ALCHEMY



The Art of Inner Alchemy is a step-by-step simple and effective process that encourages you to bring curiosity to your inner experiences, to name them, witness them, and give yourself what it is that you need.

In the Wise Womb Way, we hold the understanding that the body and mind are often separated. Instead of listening, we typically override our body's needs.

As a collective, we have been taught to override ourselves. Trauma and past experiences keep you from being able to **BE** with what arises.

The **KEY** to this work is holding the understanding that each feeling typically has a story attached to it, and as do the sensations that arise inside of your felt experience.

***Each of these stories and felt experiences that live inside of you needs to be seen, witnessed, and acknowledged.***

When you are able to **MEET** what arises, those pestering repeating cycles begin to shift dramatically.

The point of **Inner Alchemy** is to connect you to your inner wisdom, to your higher self. You don't need anyone else to do this for you. It is the bigger **YOU** meeting the smaller aspects of yourself.

This process helps you to build emotional intelligence and tend to your inner garden. The more empowered you are to tend to your inner landscape the greater capacity you have to be with all of **YOU**.

The result of this superpower is the Art of Listening to all the different aspects of **YOURSELF**... and when you're able to do that, you're able to meet another from a greater capacity of intimacy and vulnerability.

When you're able to amplify your capacity to access those two energetic signatures you have a greater potential for intimacy and vulnerability inside of your relationships and how you relate to the world around you.

You begin to build a trusting and loving relationship with **YOURSELF**. You are then able to trust your gut and your intuition in a way you haven't before...

There is a **POWERFUL** side effect to trusting your gut and following your intuition: you will develop a stronger ability to commune with nature and the unseen realms.

Listen to this guided practice & follow along with the steps on the next page...

[INNER ALCHEMY HOW TO PRACTICE](#)



# 7 STEPS TO INNER ALCHEMY

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## **STEP ONE : Notice**

*Notice the sensations moving through your body & the stories your mind is telling you.*

## **STEP TWO : Speak Out Loud**

*“I am noticing...”*

## **STEP THREE : Acknowledge**

*Acknowledge what you are **noticing**: “I see you, I feel you, I hear you...”*

## **STEP FOUR : Art of Allowing**

*Allow yourself to feel what you are feeling. Remember: it’s okay to feel.*

## **STEP FIVE : Self-inquiry**

*What do I need? What does this part of me need? It must be something YOU can give yourself and is not dependent on circumstances.*

## **STEP SIX : Give**

*Give yourself what you need. Example: I need love > allow yourself to soften, breathe, and take in what it is you need.*

## **STEP SEVEN : Affirm**

*Speak out loud what is it you need to hear to feel supported, loved, and held. Example: “I am safe. I am held. I am loved.”*





Access these **incredible** meditations to support the process of Inner Alchemy...

INNER ALCHEMY MEDITATION

NOTICING PRACTICE

INNER LANDSCAPE MEDITATION  
(FOR WOMXN)

INNER LANDSCAPE MEDITATION

MY THOUGHTS ARE PRAYERS



# CHOOSE YOUR OWN ADVENTURE

**RESONANCE RITUAL:** The instructions for living life as a spirit in form. Liberate yourself from old patterns that no longer serve you and step more fully into the joy of your true purpose and nature... [Turn to page 11.](#)

**TEMPLE OF THE WOMB APPRENTICESHIP:** A year of ceremony apprenticing with your own womb as your inner oracle, while being guided by a master through the Holy Trinity Blueprint of Womb Healing... [Turn to page 15.](#)

**SOMATIC WOMB ALCHEMY APPRENTICESHIP:** Step into a career doing deeply fulfilling trauma-informed work helping clients meet what is at the root of their wounds so they can alchemize the trauma held in their womb & body... [Turn to page 19 \(prerequisite for the Wise Womb Therapy Certification\).](#)

**WISE WOMB THERAPY CERTIFICATION:** As a Wise Womb Therapist you will help clients unpack their lived-experience in a trauma-informed way through Earth Centered Healing techniques, rituals, and ceremonies giving them real world results... [Turn to page 22.](#)

**CACAO FACILITATOR INITIATION:** Offer trauma-informed Cacao Ceremonies helping people activate the full expression of their hearts... [Turn to page 26.](#)



# RESONANCE RITUAL

## IS THIS YOU?

Do you take on the energies and pains of others?

Do you mistake wound matching for attraction?

Do you struggle to put your spiritual practice into action, when it really counts?

Do you tend to bypass pain with positivity or coping mechanisms?

Do you want to learn the Art of Responsible Relating?

Do you question yourself and wonder if you are on the right path?

Have you found yourself in a blame or shame spiral?

Do you often feel like your needs are not met in your relationships?

Do you struggle to set healthy boundaries for yourself and in your relationships?

Do you tend to give until you give out and end up feeling resentful?

Do you experience trauma patterns or negative cycles that keep repeating themselves?

Do you want to learn how to track the patterns of “self-sabotage”?

Would you like to bring more peace to places of war within yourself?

***If you resonate with any of these..***

[LEARN MORE ABOUT THE RESONANCE RITUAL](#)

The **Resonance Ritual** consists of 20 powerful, tangible, and relatable teachings each with guided meditations, self-reflection processes, daily-life implementation, and integration practices giving you a more profound understanding of how to live life as a Spirit in form.

## **YOU ARE AN ENERGETIC BEING WITHIN A VIBRATIONAL UNIVERSE.**

Your Resonance is the song your energy sings, it is your vibe, the energy that you emit out into the world. Your Resonance is affected by your life experiences, your thoughts, your beliefs, your habits, the company you keep, the environment, what you watch, what you talk about, and what you listen to.



Resonance gives you the skills in approaching all aspects of life: dharma, love, your physical body, environment, personal well-being, health, wealth, relationships, spirit, and home. It teaches you how to approach dissonance inside of these aspects of life so you can cultivate more harmony in each of these realms. You will cultivate a healthier response to the world around you, experience reciprocal relationships, joy, and reflections of kindness and inspiration.

The ancient ones had a powerful understanding of how the energy of Resonance works. They understood the basic laws of this plane of existence, of Earth, the stars, and the laws of the Universe.

Without this understanding, humanity continues to dig themselves deeper and deeper into a life of separation, pain, struggle, and suffering. The Resonance Ritual is a way out of the cycle of suffering that is samsara.



The **Resonance Ritual** shares with you the **KEYS to overcome repeating negative cycles and patterns** once and for all. When you are caught in the wounded part of yourself you continue to attract similar experiences that seemingly prove your wounding as Truth.

**You will learn how to expand your perception so that you can see a bigger picture**, the macrocosmic worldview, and see how your old patterns are keeping you safe. Once you're able to meet this part of you and give it what it needs, it will no longer wish to perpetuate cycles of struggle to validate itself or to try to protect you.

You will learn how to discern whether resistance or chaos is a sign of misalignment or if it's just energy that needs to be transformed.



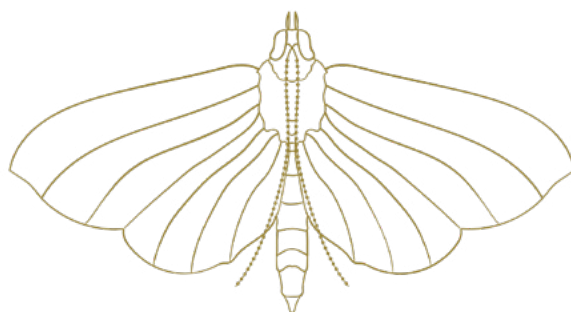
Learn the tools needed to gently journey into your inner realms to dismantle, dissolve, clear and let go of what isn't yours, in order to embody your true nature's Resonance.

You can **finally bring healing** to the places of dissonance and separation that have been programmed into humanity and how we have been taught to relate with ourselves and the world around us. It is through these teachings that you will find your True Self and take aligned action to manifest the life of your dreams.



**The Resonance Ritual is for EVERYONE.** No matter where you are on your spiritual path, Resonance can support you in living as a Spirit in human form.

This will give you the essential foundational tools and the proper practices to liberate yourself from old patterns and conditioning that no longer serve you.



[LEARN MORE ABOUT THE RESONANCE RITUAL](#)



# TEMPLE OF THE WOMB APPRENTICESHIP

## IS THIS YOU?

Do you experience pain or symptoms related to your menstrual cycle?

Do you have endometriosis, fibroids, ovarian cysts or pelvic pain?

Do you desire to cultivate a more fertile relationship with yourself and your womb space?

Do you struggle with loving yourself or your body?

Do you want to prepare your womb for conception?

Do you feel like everyone else's needs are more important than your own?

Are you holding onto ancestral trauma?

Have you had chronic miscarriages?

Are you struggling with infertility?

Are you feeling called to reclaim your womb after childbirth?

Have you had a hysterectomy?

Do you feel you are holding energetic residue of past lovers?

Do you struggle with accessing pleasure?

***If you answered YES to any of these questions, then this is for you...***

[LEARN MORE ABOUT THE TEMPLE OF THE WOMB](#)

In this year long **Temple of the Womb Apprenticeship**, you will integrate your mind, body, and spirit to reclaim your sovereign power through working with the Holy Trinity Blueprint of Womb Healing.

While womb healing is about bringing relief to symptoms associated with the womb and one's menstrual cycle, that's not all. It's about healing patriarchal wounds passed down from blood lineages and unwinding societal conditioning that keeps you from embodying your radiant true nature.



In the **Holy Trinity Blueprint of Womb Healing**, you will rewrite old stories held in your blood and body. You will work with the elements of water, air, fire, and earth as you move through the emotional, psychological, spiritual, energetic, and physical aspects of reweaving your disconnected and wounded parts into the wholeness of your being.

Over the year you will be connected with community and immersed in ceremony as you gain confidence in your personal healing practices.





You will first **create a foundation of trust in yourself**, as you discern your needs and boundaries that have been overridden by societal programming and trauma. From this will emerge clarity around your purpose, as well as a sense of belonging and interconnectedness with all of creation that guides you into embodying a different way of being from the patriarchal patterns you were taught.



Finally, your year will culminate with practices of activating true pleasure in your body by working with yoni crystals, self-massage with your breasts and womb, and deep self-consensual pleasure practices letting your body be your guide.

This apprenticeship brings to life a **paradigm shift away from domination and into deep honoring of oneself**, others, and our interconnectedness with all life.

With this shift comes trust in your intuition, relief from symptoms associated with your cycles, and deep pleasure as a sovereign being who is safe to embody the wholeness of your feminine power that the patriarchy has tried to control and suppress for millennia.

Click the button below for a deep dive into exactly what you'll experience, learn, and do in this apprenticeship and for more about the **Holy Trinity Blueprint of Womb Healing**.

[LEARN MORE ABOUT THE TEMPLE OF THE WOMB](#)

The **Temple of the Womb Apprenticeship** consists of 44+ live virtual and pre-recorded rituals, ceremonies, and teachings with Naomi Love, a 350 + page editable downloadable sacred textbook, 3-1:1 sessions with Somatic Womb Mentors, 3-live small group sharing circles, community Facebook group support and so much more.





# SOMATIC WOMB ALCHEMY APPRENTICESHIP

## ARE YOU READY TO STEP INTO THE SACRED ROLE AS A SOMATIC WOMB ALCHEMIST?

Have you had an awakening experience and feel called to support others through theirs?

Are you feeling a little bored or burned out with your healing work and feel like something is missing?

Do you have a call to step into your role as a facilitator of ceremony, and you wish to do it in right relationship?

Do you facilitate ceremonies already but experience fatigue, sickness, or illness, before, during, or after facilitating ceremonies?

Are you ready to facilitate trauma-informed healing spaces so your clients and students can experience true, lasting, and profound healing?

Are you ready to uplevel your existing healing arts practice and activate your magical gifts without questioning your worth or feeling drained after working with people?

Are you ready to immerse yourself in Earth & Womb Centered Rituals & Ceremonies?

***If you said YES to any of these questions, then this is for you...***

[LEARN MORE ABOUT THE SOMATIC WOMB ALCHEMY APPRENTICESHIP](#)

The **Somatic Womb Alchemy Apprenticeship** is a year-long apprenticeship with The Wise Womb Oracle and Naomi Love.

This is only offered to folks that are professionals in the healing arts OR are graduates of the Temple of the Womb Apprenticeship.

In this 300-hour program, Naomi will guide you through the **Holy Trinity Blueprint** from the perspective of a professional.



This program will give you the key ingredients to offering profoundly powerful healing work to your community. If you are already a professional in the healing arts this program will inspire you in what you are offering to the world and will profoundly expand your skill set, your toolbox.

Weaving this work into what you may already do will ensure you are truly holding trauma-informed space and empowering your clients as you support them on their healing journey.

For those that are just being called to the healing arts and have graduated from the Temple of the Womb, this offering will give you the next-level tools and skills to begin to step into facilitating and holding healing space for your community.

A **Somatic Womb Alchemist** teaches their clients how to meet what is at the root of their wounds so they can alchemize the trauma held in their womb and body.

A **Somatic Womb Alchemist supports clients to access the places within** so they can navigate their inner landscape with more emotional, and spiritual intelligence. This helps clients to align their actions with their dreams while also helping them to truly step into Sovereignty.

**Somatic Womb Alchemists** powerfully guide their clients through the **Holy Trinity Blueprint of Womb Healing** via rituals, ceremonies, journeys, and meditations all of which are tailored to meet their client's needs, to support them in coming home, to their truest selves.

**Somatic Womb Alchemists** gently guide clients through self-inquiry into the depths of their womb space to help them re-align, and remember their own inner rhythms and cycles as connected to this living web of creation, which brings more harmony to all aspects of their life.

[LEARN MORE ABOUT THE SOMATIC WOMB ALCHEMY APPRENTICESHIP](#)





# WISE WOMB THERAPY CERTIFICATION

## ARE YOU READY?

To step into your role as a Wise Womb Therapist while making money doing what you love?

To learn, hone, and deepen your superpowers?

To deepen capacity for holding trauma-informed space to support others with the utmost integrity?

To become an inspiration to those in your life through the path you are walking?

To step fully into your medicines and share them with your community?

To change the world and get paid for it?

To feel inspired and enlivened by the work you share with the world?

***If you said YES to any of these questions, then this is for you...***

[LEARN MORE ABOUT WISE WOMB THERAPY CERTIFICATION](#)

You are invited into this 200-hour Wise Womb Therapy Certification which is a nine-month Apprenticeship with the Wise Womb Oracle and Naomi Love. ***This offering is for people who have completed the Somatic Womb Alchemy Apprenticeship.***

Inside of this Certification Program, you will be deeply immersed in the ritual arts, experiencing each ceremony and ritual for yourself to then take out into the world to share with your community.



You will learn our **trauma-informed hands-on full-body sensual (not sexual) massage** that also includes the breasts, ovaries, womb, and other organs of the body that are left out from most massage practices.

**Wise Womb Ceremonial Massage** dances through the **Holy Trinity Blueprint of Womb Healing** supporting each aspect of the human lived experience and can be offered to all bodies and any gender.

**Wise Womb Therapy** calls upon everything you have learned during your apprenticeships with Wise Womb Medicine Path. It weaves modalities, rituals, and techniques with the power of the breath, plant allies, prayers, sound, and vision to encourage deep alignment, recalibration, and centering on all levels.

**You will deepen your relationship with the plant's allies** as powerful pillars of Wise Womb Therapy. The plants help to call the spirit and the disenfranchised parts of the self home, inspiring your clients to feel a sense of belonging without an agenda encouraging a sense of safety within the soul.

Through this apprenticeship, you will learn how to **hold space for trauma** that is stored deep in the body to be released while holding compassionate space for your clients, without re-traumatizing them.

**Wise Womb Ceremonial Massage** is a divinely sensual experience, activating the remembrance of the innate pleasure and magic of being in a body. It holds the energetic signature of what it is to be Earth itself: fertile, rich, alive, and connected to the nourishment of life while also coaxing the womb into optional alignment to heal symptoms associated with menstruation.



As a **Wise Womb Therapist**, you will support clients through the **Holy Trinity Blueprint of Womb Healing**, integrating all aspects of being a spirit in human form, empowering them to alchemize the root of their wounds for true lasting healing by creating a place for them to be seen, felt, heard, and witnessed in presence.

As a **Wise Womb Therapist**, you will be able to **diagnose spiritual illnesses** and **be empowered to create supportive Earth-Centered spiritual prescriptions**.



This includes rituals and ceremonies to heal ancestral wounds, relationship dynamics, work with the stages of life, heal relationships to divine masculine and feminine aspects, guide breathwork practices, chart the cycle and understand the seasons of the cycle, and assist in dietary changes through the Wise Womb Ritual Cleanse.

Additional rituals include cord-cutting relational and forgiveness rituals, yoni steaming rituals and womb cleansing practices, and yoni egg initiations and rituals.



As a **Wise Womb Therapist**, you will help clients unpack their lived experience in a trauma-informed way that is anchored into physical reality giving them real-world steps towards life-changing results.

Upon completion of this apprenticeship, you will have a HUGE repertoire of ceremonies, rituals, meditations, journeys, hands-on, and energetic tools to support whatever may arise for your clients or students while also receiving the healing yourself. You will graduate feeling confident and supported in your gifts and how to share them in right relationship with the world for the benefit of all.

[LEARN MORE ABOUT WISE WOMB THERAPY CERTIFICATION](#)



# CACAO FACILITATOR INITIATION

## THIS IS FOR YOU IF...

- ✦ You have a call to step into your role as a facilitator of ceremony, and you wish to do it in right relationship.
- ✦ You want to learn how to hold trauma-informed ceremonial space.
- ✦ You want to hold ceremonies, but don't know where to start or who to trust for guidance.
- ✦ You facilitate ceremonies already but have experienced fatigue, sickness, or illness, before, during, or after facilitating ceremonies.
- ✦ You have a deep connection with the medicine of Cacao.
- ✦ You want to honor and respect the lineages and traditions that share the medicine of Cacao.
- ✦ You have a call to be of service, not only to the Spirit of Cacao but to the awakening of humanity.
- ✦ You desire to help your community foster a deeper connection to their loving compassionate self.
- ✦ You want to deepen your abilities as a space holder.

[LEARN MORE ABOUT CACAO FACILITATOR INITIATION](#)

In the **Cacao Facilitator Initiation** you will learn how to hold trauma-informed Cacao ceremonies that help people activate the full expression of their hearts and tap into their unique medicine.

This nine-month apprenticeship is guided by Master Ceremonialist Naomi Love, who has led thousands of ceremonies and trained extensively with Maya teachers and Ceremonialists worldwide.



Through the embodiment of these initiatory teachings, you'll learn to attune to the subtle realms, alchemize group energies, and support others in transforming their pain into love.

I invite you to join us in this beautiful container to learn and/or deepen in the sacred Art of Ceremony.

This apprenticeship is open to all genders, and anyone over the age of 18. *There are no prerequisites to sign up!*

[LEARN MORE ABOUT CACAO FACILITATOR INITIATION](#)



## LET'S CONNECT!

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Find me on Instagram [@WiseWombOracle](#)

Find me on [Soundcloud](#) to access FREE meditations

Join the [Wise Womb Community](#) on Facebook